



## **Agnihotra (Short Daily Havan)**

*Presented by Pt. Jag B Mahadeo & the Mahadeo Foundation*

*Please visit Arya Samaj USA Mandir at 110-17 101 Avenue Richmond Hills, NY, for  
Satsang Sundays 9:30 am to 12:00pm.*

### *Achamanam & Anga Sparsha*

(Cleansing & Preparation of Mind)

(Sip water from right palm after each of three mantras)

*Om amrito pas-taranam-asi swaahaa.*

*Om amrita-pidhaanam-asi swaahaa.*

*Om satyam yashah shree mayi shree shri-ya-taam swaahaa.*

(Take water in left palm, with ring & middle fingers of right hand, touch water in left palm then the different parts of body after each Mantra)

*Om vaang ma aasye astu.....(lips)*

*Om nador me praano astu.....(nostrils)*

*Om akshnor me chakshur astu.....(eyes)*

*Om karna-yor me shro-tam astu.....(ears)*

*Om baah-wor me balam astu.....(arms)*

*Om oor-wor ma ojo astu.....(thighs)*

*Om arish-taani me angaani tanoos tanwaa me saha santu..(all over)*

### *Eeshvar Stuti Praathana Aur Upaasanaa*

(Prayers in acknowledgement and Worship of God!)

*Om vishwaani deva savitur*

*duritaani paraa-suva*

*Yad bhadram tan-na aasuva.*

*Om hiranya-garbha sama-var-tataa-gre  
Bhootasya jaatah patir eka aaseet  
Sa daa dhaara prithiveem dyaam ute-maam  
Kasmai devaaya havishaa vidhema.*

*Om ya aat-madaa bala-daa yasya vishwa  
Upaasate prashisham yasya devaah  
Yasya chhaaya amritam yasya mrityuh  
Kasmai devaaya havishaa vidhema.*

*Om yah praana-to nimisha-to mahit-waika  
Indraa jaa jagato babhoowa  
Ya eeshe asya dwipa-dash chatush-padah  
Kasmai devaaya havishaa vidhema.*

*Om yena dyaaur-ugraa prithivee cha dridhaa  
Yena swah stabhitam yena naakah  
Yo antarikshe rajaso vimaanah  
Kasmai devaaya havishaa vidhema.*

*Om prajaa-pate na twad etaan-yanyo  
Vishwaa jaataani pari taa babhoowa  
Yat kaamaas-te juhumas tan-no astu  
Vayam syaama patayo rayeenaam.*

*Om sano bandhur janitaa saa vidhaataa  
Dhaamaani veda bhuvanaani vishwaa  
Yatra devaa amritam aa-na-shaanaas  
Triteeye dhaaman a-dhyair-ayanta.*

*Om agne naya su-pathaa raaye asmaan  
Vishwaani deva vayunaani vidwaan  
Yuyo-dhyas-maj juhuraanam eno  
Bhooyish-thaan te nama uktim vidhema.*

### [Agni Aadhaan](#)

(Chant Mantra and kindle fire)

*Om bhoor bhuvah swah.*

(Place the Fire in the Kunda)

*Om bhoor bhuvah swar dyaaur iva  
Bhoomnaa prithi-veeva varimaa  
Tasyaas-te prithivi deva-yaj agni*

*Prish-the agnim annaa damannaa dyaayaa dadhe.*

(Symbolic fanning of external/external flame)

*Om ud-budhyas agne prati-jaagrihi  
Twam ishtaa poorte sam-srije-thaam ayam cha.  
Asmint sa-dhasthe adhyut-tarasmin  
Vishwe devaa yajamaan ash cha seedata.*

*Samidhaa Aadhaana*

(One piece of stick offered with each of these three Mantras)

*Om ayanta idhama aatamaa  
Jaata-vedas tene-dhyaswa vardhaswa ched-dha  
Vardhaya chaas-maan praja-yaa  
Pashu-bhir brahma-varchase naannaa-dyena  
Samedhaya swaaha.  
Idam agnaye jaate vedase idanna mama.  
(Offer the first Samidhaa)*

*Om samidha agnim duwasyata  
Ghritair bodhaya taa-ti-thim  
Aasmin havyaa juho-tana.*

*Om su-samidhaa yasho-chi-she  
Ghritam teevram juhutana  
Agnaye jaata-vedase swaahaa  
Idam agnaye jaata-vedase idanna mama.  
(Offer the second Samidhaa)*

*Om tan-twaa samid-bhir-angiro  
Gritena vadha-yaamasi  
Brihach chho-cha ya-vish-thya swaahaa.  
Idam agnaye angirase idanna mama.  
(Offer the third Samidhaa)*

*Pancha Ghrit Aahuti*

(One offering of ghee – five recitation)

*Om ayanta idhama aatamaa  
Jaata-vedas tene-dhyaswa vardhaswa ched-dha  
Vardhaya chaas-maan praja-yaa  
Pashu-bhir brahma-varchase naan-naa-dyena  
Samedhaya swaaha.  
Idam agnaye jaate vedase idanna mama.*

**Jala Sinchana**

(Pour water in the different direction after reciting Mantras)

***Om adite anuman-ya swa.***

(To the east – outside Kunda)

***Om anumate anu-man-ya swa.***

(To the west – outside Kunda)

***Om Saraswat-yanu-man-ya swa.***

(To the north – outside Kunda)

***Om deva savitah prasuva yajyam***

***Prasuva yajya-patim bhagaaya***

***Divyo gandharwah keta-pooh***

***Ketan-nah punaatu***

***Vaachas-patir vaachan-nah swa-da-tu.***

(In all four directions-around Kunda – start south and end south)

**Aaghaa-Raav-Aajya-Bhaag-Aahuti**

(Four offerings of Ghee)

***Om agnaaye swaahaa.***

***Idam agnaye, idanna mama.***

***Om somaaya swaahaa.***

***Idam somaaya, idanna mama.***

***Om prajaa-pataye swaahaa***

***Idam prajaa-pataye, idanna mama.***

***Om indraaya swaahaa.***

***Idam indraaya, idanna mama.***

**Pradhaana Homa Praatah Kaal Aahuti (Morning)**

(Ghee and Samaghri – if doing Havan alone, focus on offering of Samaghri only. Offer ghee as needed to keep fire burning)

***Om sooryo jyotir jyotih sooryah swaahaa.***

***Om sooryo varcho jyotir varchah swaahaa.***

***Om jyothih sooryah sooryo jyothih swaahaa.***

*Om sajoor devena savitraa  
Sajoo-rusha-sendra-vatyaa  
Jushaanah sooryo vetu swaahaa.*

*Pradhaana Homa Saayaang Kaal Aahuti (Evening)*

*Om agnir jyotir jyotir agnih swaahaa.*

*Om agnir varcho jyotir varchaah swaahaa.*

*Om agnir jyotir jyotir agnih swaahaa. (Silent offering)*

*Om sajoor devena savitraa  
Sajoo-raatryen-dra-vatyaa  
Jushaanah agnir vetu swaahaa*

*Praatah Saayam Aahuti (Morning & Evening)*

*Om bhoo-rag-naye praanaaya swaahaa.  
Idam agnaye praanaaya, idanna mama.*

*Om bhuwar-waaya-ve apaanaa-ya swaahaa.  
Idam vaaya-ve apaanaa-ya, idanna mama.*

*Om swar-aadit-yaaya vyaanaa-ya swaahaa.  
Idam aadit-yaaya vyaanaa-ya, idanna mama.*

*Om bhoor bhuwah swaragni vaay-va-ditye-bhyah  
Praana-paana vyaane-bhyah swaahaa.  
Idam agni vaay-vaa-ditye-bhyah  
Praanaa-paana vyaane-bhyah, idanna mama.*

*Om aapo jyotee raso amritam brahma  
Bhoor bhuwah swar-om swaahaa.*

*Om yaam medhaam deva-ganaah  
Pitarash cho-paa-sate  
Tayaa maa-madya medhaya agne  
Medhaa-vinam kuru swaahaa.*

*Om vishwaani deva savitar  
Duritaani paraa-suva  
Yad bhadram tan-na aasuva swaaha.*

*Om agne naya su-pathaa raaye asmaan  
Vishwaani deva vayu-nani vidwaan  
Yuyo-dyas-maj juhuraanam eno  
Bhooyish-thaan te nama uktim vidhema swaahaa.*

*Om agnaye swaahaa.  
Idam agnaye, idanna mama.  
(Offer onto the fire, to the North)*

*Om somaaya swaahaa.  
Idam somaaya, idanna mama.  
(South)*

*Om prajaapataye swaahaa.  
Idam prajaapataye, idanna mama.  
(Center)*

*Om indraaya swaahaa.  
Isam indraaya, idanna mama.  
(Center)*

*Om bhoor agnaye swaahaa.  
Idam agnaye idanna mama.*

*Om bhuwar vaayave swaahaa.  
Idam vaaayave, idanna mama.*

*Om swar aadityaaya swaahaa.  
Idam aadityaaya, idanna mama.*

*Om bhoor bhuwah swaragni vaayvaa-dityebhyah swaahaa.  
Idam agni vaayvaa-dityebhyah, idanna mama.*

*Swishta-Krit Aahuti  
(Offer Prasad if any was prepared)*

*Om yad asya karmano atya aree-richam  
Yad waa nyoona mihaa karam  
Agnish tat swishta-krid vidyaat  
Sarvam swishtam suhutam karotu me  
Agnaye swishta-krite su-huta-hute  
Sarva-praayash-chitta huteenaam  
Kaamaanaam samar-dhayi-tre  
Sarvaan nah kamaan samar-dhyaya swaahaa.  
Idam agnaye, swishta-krite, idanna mama.*

**Praa-Jaa-Pat-Yaahuti**

(Silent Oblation-think of most righteous thought/desire)

***Om prajaa-pata-ye swaahaa.***

**Brahma Gayatree Savitree Guru Mantra (3 times)**

***Om bhoor bhuwah swah  
Tat savitur varenyam  
Bhargo devasya dheemahi  
Dhiyo yo nah pracho-dayaat swaahaa.***

**Poorna Aahuti**

(Final Oblation for Completion – Chant this Mantra three times, offering the remaining Ghee and Samagree in these three Ahutis)

***Om sarvam vai poornam swaahaa.***

All is perfect; all is complete. Indeed, all is final; all is complete. May the perfection and completeness of this ancient Vedic ritual influence my thoughts, words and deeds in positive manner.

**Shaantih Paath**

(Closing Mantra to be blessed with peace from all of God's creations)

***Dyauh shaanti-anta-riksham shaantih  
Prithivee shaanti-aapah shaanti  
Osha-dhayah shaantih.  
Vanas-patayah shaanti vishwe devaah shaanti.  
Brahma shaantih sarvam shaantih  
Shaanti-eva shaantih.  
Saa maa shanti edhi.***

***Om Shaanti, Shaanti, Shaanti Om.***

*Please visit <http://jagbm.com> for Sandhya, Nirvana Shatkam, Upanishads and other Vedic Mantras/Teachings and our YouTube channel to see, Sandhya, Agnihotra, Pravachans, Yajnas and Lectures delivered by Pandit Jag B Mahadeo. Short Havan video is also available here. <https://www.youtube.com/user/jrebel11?feature=watch>*

*My Fellow Soul, I encourage you to use this free flyer to perform the Havan daily, or as frequent as you can (Begin with once per month or once per week?)*

*I urge you to celebrate your special days – Anniversaries, new job, family member birthdays, new car, new apartment, death memorial, etc. by doing the Havan at your home.*

*May you continue your path of Spiritual Progression, where tomorrow you are at a much higher spiritual level than today; that next week you are at a much higher level than this week, and that next year you are a much higher level spiritually than you are this year.*

*It is our Vedic duty to do our part to ‘Krinvanto Vishwam Aryam’ – Make the Universe Noble, by first making ourselves Noble.*

*Pandit Jag B Mahadeo.*